

SHOOTING DRILLS IDPA EQUIVALENT	Beginner None	Novice NV	Average MM	Advanced SS	Expert EX	Master MS	Time
<b>1 TARGET - 3 YARDS</b>							
Two shots	3.50	3.00	2.50	2.00	1.50	1.00	_____
Two shots, SHO	3.50	3.00	2.50	2.00	1.50	1.00	_____
Two shots, WHO	3.25	2.75	2.25	1.75	1.25	0.75	_____
Two shots, face right	3.75	3.25	2.75	2.25	1.75	1.25	_____
Two shots, face left	3.75	3.25	2.75	2.25	1.75	1.25	_____
Two shots, face rear	4.25	3.75	3.25	2.75	2.25	1.75	_____
Two body, one head	4.00	3.50	3.00	2.50	2.00	1.50	_____
Six shots	4.50	4.00	3.50	3.00	2.50	2.00	_____
<b>STAGE SUBTOTAL</b>	<b>30.50</b>	<b>26.50</b>	<b>22.50</b>	<b>18.50</b>	<b>14.50</b>	<b>10.50</b>	_____
<b>1 TARGET - 7 YARDS</b>							
Two shots	3.75	3.25	2.75	2.25	1.75	1.25	_____
Two shots, SHO	4.00	3.50	3.00	2.50	2.00	1.50	_____
Two body, one head	4.50	4.00	3.50	3.00	2.50	2.00	_____
Six shots	5.00	4.50	4.00	3.50	3.00	2.50	_____
<b>STAGE SUBTOTAL</b>	<b>17.25</b>	<b>15.25</b>	<b>13.25</b>	<b>11.25</b>	<b>9.25</b>	<b>7.25</b>	_____
<b>2 TARGETS - 3 YARDS</b>							
Two shots each	4.50	4.00	3.50	3.00	2.50	2.00	_____
Two shots each, SHO	4.50	4.00	3.50	3.00	2.50	2.00	_____
Two body, one head	5.25	4.75	4.25	3.75	3.25	2.75	_____
<b>STAGE SUBTOTAL</b>	<b>14.25</b>	<b>12.75</b>	<b>11.25</b>	<b>9.75</b>	<b>8.25</b>	<b>6.75</b>	_____
<b>3 TARGETS - 3 YARDS</b>							
Two each	5.50	5.00	4.50	4.00	3.50	3.00	_____
Two each, SHO	5.50	5.00	4.50	4.00	3.50	3.00	_____
Face rear, 2 reload 2	10.00	9.00	8.00	7.00	6.00	5.00	_____
<b>STAGE SUBTOTAL</b>	<b>21.00</b>	<b>19.00</b>	<b>17.00</b>	<b>15.00</b>	<b>13.00</b>	<b>11.00</b>	_____
<b>3 TARGETS - 10 YARDS</b>							
Face rear, 2 reload 2	17.00	15.00	13.00	11.00	9.00	7.00	_____
<b>STAGE SUBTOTAL</b>	<b>17.00</b>	<b>15.00</b>	<b>13.00</b>	<b>11.00</b>	<b>9.00</b>	<b>7.00</b>	_____
<b>SUBTOTAL OF ALL STAGES</b>							_____
<b>POINTS DOWN</b>							_____
<b>PROCEDURALS</b>							_____
<b>SHOOTING TOTALS</b>	<b>100.00</b>	<b>88.50</b>	<b>77.00</b>	<b>65.50</b>	<b>54.00</b>	<b>42.50</b>	_____

# RELOADING AND MALFUNCTION DRILLS

RANK IDPA EQUIVALENT	Beginner None	Novice NV	Average MM	Advanced SS	Expert EX	Master MS	
TRUE TACTICAL RELOAD	8.00	7.00	6.00	5.00	4.00	3.00	_____
RELOAD W/ RETENTION	7.50	6.50	5.50	4.50	3.50	2.50	_____
SPEED RELOAD	3.75	3.25	2.75	2.25	1.75	1.25	_____
SLIDE-LOCK RELOAD	3.75	3.25	2.75	2.25	1.75	1.25	_____
TAP-RACK-BANG	3.75	3.25	2.75	2.25	1.75	1.25	_____
DOUBLE FEED	9.50	8.50	7.50	6.50	5.50	4.50	_____
<b>STAGE SUBTOTAL</b>	<b>36.25</b>	<b>31.75</b>	<b>27.25</b>	<b>22.75</b>	<b>18.25</b>	<b>13.75</b>	_____
<b>PLUS PAGE 1 TOTALS</b>	<b>100.00</b>	<b>88.50</b>	<b>77.00</b>	<b>65.50</b>	<b>54.00</b>	<b>42.50</b>	_____
<b>GRAND TOTAL</b>	<b>136.25</b>	<b>120.25</b>	<b>104.25</b>	<b>88.25</b>	<b>72.25</b>	<b>56.25</b>	_____

- A. Use standard IDPA scoring of .50 seconds for each point down and 3 seconds for procedural errors.
- B. Close DOES NOT count. If a shot barely touches a scoring ring, you DO NOT get the better score.
- C. All exercises are freestyle, except where noted: SHO = Strong Hand Only WHO = Weak Hand Only
- D. All exercises are 'from the holster' except 'WHO' shots which are from the 'Weak Hand Ready'.
- E. For concealment, add 6.00 seconds to the total. (approximately .25 per string)
- F. Reload drills are 'shot to shot' times. After the start signal, fire a shot, perform the reload, fire another shot, then check the time from shot one to shot two. All shots must hit a target (any distance ok.)
- G. Malfunction drills are 'start signal to shot times.' In other words, set up the malfunction, then on the start signal, perform malfunction clearance, then fire a shot. All shots must hit a target (any distance ok.)
- H. Target placement: 5.5 feet high at top of head, one yard apart, center to center.

There used to be comments here about how to rank yourself if you wanted me to send you a certificate, however, I decided to delete them because this set of drills was intended to serve as a benchmark to track your progress, and not to give any some arbitrary title, which, in and of itself, means nothing.

NAME \_\_\_\_\_ RANGE OFFICER \_\_\_\_\_

DATE \_\_\_/\_\_\_/\_\_\_ TIME \_\_:\_\_\_ AM PM RANK \_\_\_\_\_

GUN INFO: BRAND/MODEL \_\_\_\_\_ CALIBER \_\_\_\_\_

**ADVANCED SHOOTING DRILLS**

Shooting is freestyle, from the holster, unless otherwise noted

**5 yards**

2 shots	1.50	_____
1 shot to the head	1.50	_____
6 shots	3.00	_____
6 shots, SHO	3.50	_____
6 shots, WHO (from WH ready)	3.00	_____

**7 yards**

2 shots	2.00	_____
1 shot to the head	2.00	_____
6 shots	4.00	_____
6 shots, SHO	4.50	_____
6 shots, WHO (from WH ready)	4.00	_____

**10 yards**

2 shots	2.50	_____
6 shots	5.00	_____
6 shots, SHO	5.50	_____
face rear, turn, 6 shots, reload, 6 shots	10.00	_____
6 shots, slide-lock reload, kneel, 6 shots	11.00	_____

**15 yards**

2 shots	3.00	_____
6 shots	6.00	_____
6 shots, kneeling	6.50	_____

**25 yards**

2 shots	3.50	_____
6 shots	7.00	_____
6 shots each standing, kneeling, and prone reload between each position	40.00	_____

**This page (Advanced Shooting Drills) is currently still under construction**